

BOOK REVIEWS BY ALLISON SCHULTZ

**The Revolution in Horsemanship:
And what it means to mankind**

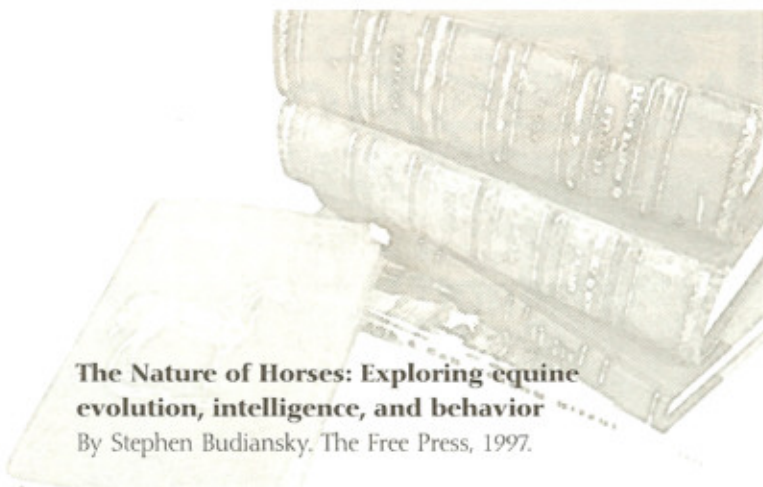
By Robert M. Miller, D.V.M. and Rick Lamb.
The Lyons Press, 2005.

The Revolution in Horsemanship focuses around the shift in horse training practices that follows the advent of the Natural Horsemanship movement. The authors mix history, science and psychology of the horse and horsemanship methods with the various philosophies that have grown from Natural Horsemanship. This book is a well planned and engaging text-book, laying out the history and faces behind these horsemanship philosophies, while giving the reader a general overview of this movement. The book is insightful and non-preachy and gives the reader a good feeling for many of the current trends and methods in horsemanship. The authors posit that the revolution in horsemanship occurs most deeply for the horseman/woman in the presence of the horse, similar to Winston Churchill's remark that "the outside of a horse is good for the inside of a man."

The Nature of Horses: Exploring equine evolution, intelligence, and behavior

By Stephen Budiansky. The Free Press, 1997.

In *The Nature of Horses*, Stephen Budiansky looks at the horse and our relationship to it through the lenses of natural history, biology, biomechanics, and behaviorism. This book provides an accessible overview of the horse both inside and outside, and perhaps best of all, how the way the horse works as a species allows it to have a historically long relationship with humans. Budiansky's writing is engaging and straight forward and full of color photographs, charts and illustrations. Any rider or horse owner will find this book beneficial for deepening his/her own understanding of the horse's way of perceiving and being in the world.



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